FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 18 , 2015

Sterling Real Estate Trust

(Exact name of registrant as specified in its charter)

North Dakota	**000-54295**	**90-0115411**
(State or other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)

1711 Gold Drive S., Suite 100 **Fargo, North Dakota**	**58103**
(Address of Principal Executive Offices)	(Zip Code)

Registrant's telephone number, including area code: **(701) 353-2720**

_____
(Former name or former address if
changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 8 .01 Other Events

On December 18 , 2015 , the Board of Trustee's voted unanimously to update and amend the Trust's Investment Strategy, effective January 1, 2016. The new Investment Strategy will read: "Sterling's investment strategy is to acquire and hold a portfolio of multi-family real estate properties located primarily in the central corridor of the contiguous forty-eight (48) states."

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Sterling Real Estate Trust

Date: December 21 , 2015

By: /s/ Bradley J. Swenson

Name: Bradley J. Swenson

Title: President

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